

S. No.	Botanical Name	Telugu Name	Family	Chemical Constituents	Uses
1	<i>Acacia concinna</i>	Seekaya, Shikaya, Shikayi	Mimosaceae	Lupeol , spinasterol , acacic acid	Promoting hair growth, expectorant, emetic and purgative
2	<i>Achras sapota</i>	Sapota	Sapotaceae	Phenolics, carotenoids and ascorbic acid, gallic acid, catechin, ascorbic acid, β -carotene and resins	Diuretic action, anti-pyretic and are claimed to expel bladder, kidney stone, relieve pulmonary complaints
3	<i>Achyranthes aspera</i>	Utta-reni, uttaraene, uttaren	Amaranthaceae	D-glucuronic acid, ecdysone, ecdysterone (polypodine A), saponin A & B	Laxative, stomachic, carminative, astringent, depurative, emetic and good diuretic
4	<i>Adenanthera pavonina</i>	Bandi gurivinda	Leguminosae	Palmitic acid, glutamic acid	Used in the treatment of rheumatism, diarrhoea
5	<i>Adhatoda vasica</i>	Adasaramu	Acanthaceae	l-vasicinone, adhatodine, vasicolinone, vasicoline, vasicolinine, vasicinine, l-vasicine (peganine), l-vasicol, vasicinol	Useful in the treatment of cough, asthma, malarial fever, diphtheria and used as expectorant
6	<i>Adhatoda zeylanica</i>	Addasaramu, addasara paku, atarushamu	Acanthaceae	l-Vasicinone, adhatodine, vasicolinone, vasicoline, vasicolinine, vasicinine, l-vasicine (peganine)	Useful in the treatment of cough and asthma

7	<i>Aegle marmelos</i>	Maredu	Rutaceae	γ -Sitosterol, aegelin, lupeol psoralen, furanocoumarin, marmelide, xanthotoxol, scoparone, scopoletin, umbelliferone	Control motions, anti-diabetic, astringent, digestive, tonic, stomachic, laxative, cooling agent
8	<i>Agave americana</i>	Rakasi mattalu	Asparagaceae	Cantalasaponin-I, isoflavonoid	Used in orthotics, to treat venereal diseases
9	<i>Agave cantala</i>	Raakshasi matta	Agavaceae	Hecogenin, tigogenin, agavasaponin E and H	Laxative, emmenagogue, scurvy, syphilis, swelling, retention of urine, anticancer, cytotoxic, diuretic, aphrodisiac
10	<i>Alangium salvifolium</i>	Oodaga, ooduga	Alangiaceae	Ankorine, marckidine, marckine, tubulosine, alangicine, cephaeline, psychotrine	Emetic, febrifuge, purgative, anthelmintic, anti-diabetic, useful in fever and pile; treatment of snake bite
11	<i>Aloe barbadense</i>	Kala-banda	Liliaceae	Barbaloin, isobarbaloin, β -barbaloin, emodin, aloe-emodin, chrysophanol, chrysophanic acid.	Cooling agent, purgative, fattening, tonic, aphrodisiac, anthelmintic, emmenagogue, alexiteric, carminative and digestive
12	<i>Aloe vera</i>	Kala-banda	Liliaceae	Aloins, barbaloin	Treatment of skin diseases, purgative

13	<i>Alpinia galanga</i>	Dumpa rashtram, kachoram u	Zingi-beraceae	Fresh leaf contains 0.21% and fresh rhizome contains 0.7% essential oil	Treatment of stomach ache, cough; emetic; anti-ulcer
14	<i>Alpinia chinensis</i>	Dumpa-rashtrakam, sannadumpa rashtrakam, sannarastram	Zingi-beraceae	Fresh rhizome contains 1.1% and fresh leaf contains 0.21% essential oil	Diarrhoea and dysentery.
15	<i>Alstonia scholaris</i>	Palagaruda, palagaruda, yedakulapala	Apocynaceae	Picrinine, nareline, akuammicine, scholarine, strictamine, tetrahydroalastoni ne, detamine, echitenine, echitamine, ditamine, echitamidine, stigmaterol, β -sitosterol, campesterol, flavanols, α - & β - amyryn	Astringent, tonic, anthelmintic, laxative, febrifuge and antiperiodic.
16	<i>Ananas comosus</i>	Anasapandu/ pine apple	Bromeliaceae	Bromelain, vitamin C, β -carotene, vanillin, methyl-n-propyl ketone, n-valerianic acid	Anti-inflammatory, abortifacient, cholagogue, depurative, diaphoretic, digestive, discutient, diuretic

17	<i>Andrographis paniculata</i>	Nelavemu	Acanthaceae	Andrographolide	Treatment of upper respiratory infection , ulcerative colitis , anti-rheumatic; treatment of fever and skin diseases
18	<i>Andropogon muricatus</i>	Vatti-veru, vetti-veru, vettivellu, vidavali-veru	Poaceae	Vetiselinenol and khusimol, vetidiol	Refrigerant, febrifuge, diaphoretic, stimulant, stomachic, analgesic, anti-inflammatory and emmenagogue
19	<i>Annona squamosa</i>	Sitaphalamu	Annonaceae	Anonaine, roemerine, norcorydine, corydine, norlaureline, isocorydine, norisocorydine, glaucine xylopin and lanuginosine	Astringent, used in diarrhoea, a good tonic, cooling agent, maturant, laxative and anthelmintic
20	<i>Artocarpus heterophyllus</i>	Panasa	Moraceae	Artho heterophyllin	Anti-diarrheal, analgesic
21	<i>Asparagus racemosus</i>	Challa pilligaddalu	Liliaceae	Shatvarin I to VI, immunoside, quercitin, rutin	Cytotoxicity, analgesic and antidiarrhoeal activities, reduce blood glucose, diuretic, aphrodisiac
22	<i>Azadirachta indica</i>	Vepachettu	Meliaceae	Nimbidin, nimbin, nimbinine, 6-descetylnimbinine, nimbidol, nimbolide and bakayanin	Anti-diabetic, antifungal, bitter tonic, refrigerant, anthelmintic, maturant, astringent; relieves fatigue, fever, thirst

23	<i>Bursera serrata</i>	Sambrani chettu	Burseraceae	β -amyrin and scopoleptin	Treatment of eye diseases and syphilis
24	<i>Bambusa tulda</i>	Indian timber bamboo	Poaceae	Cholin, betain, enzymes, benzoic acid and a cyanogenetic glycoside, (taxiphyllin), oxalic acid	Cooling agent and laxative; useful in diseases of blood, leucoderma and inflammatory conditions
25	<i>Bauhinia acuminata</i>	Devakanchanamu	Caesalpiniaaceae	Kaempferol, ombuin, lupeol, saponins, terpinoids, β -sitosterol	Treatment of biliousness, bladder stone, leprosy and asthma
26	<i>Bauhinia purpurea</i>	Kaanchanam u	Caesalpiniaaceae	Trypsin and chymotrypsin, astragalin, isoquercitrin, quercetin, pelargonidin 3-glucoside and 3-triglucoside butein galactoside	Astringent, carminative, laxative, used in the treatment of dropsy, pain, rheumatism, thigh swelling, convulsion, delirium febris, datura intoxication and blackness of lip or tongue
27	<i>Bougainvillea glabra</i>	Kagithala puvvu chettu	Nyctaginaceae	Pinitol, betacyanine, tannins, terpenoids, steroids	Anti-diabetic, anti-fertility, antioxidant, antibacterial, antiulcer, anti-diarrheal, antifungal, anti-inflammatory and antiviral activities
28	<i>Bryophyllum pinnatum</i>	Ranapala	Crassulaceae	α -amyrin, α -amyrin acetate	Anti-leishmanial activity

29	<i>Callistemon citrinus</i>	Red bottle brush	Myrtaceae	α -Pinene, β -pinene	Diuretic, treatment of skin infections
30	<i>Calotropis gigantea</i>	Jilledu	Asclepiadaceae/ apocynaceae	α , β -Calotropeols, cardenolide, anthocyanins calotropain FI, calotropain FII, calotropisin DI and DII and uscharine, glutathione, ascorbic acid, calotoxin, calactin	Anthelmintic, anti-microbial, antipyretic, diaphoretic, purgative; useful in dysentery, asthma, elephantiasis and syphilis
31	<i>Canna indica</i>	Renukalu	Cannaceae	Stigmasterol, β -sitosterol	Diaphoretic, diuretic
32	<i>Canscora decussata</i>	Shankh pushpi	Gentianaceae	Xanthane, iridoids	Anticonvulsant
33	<i>Capparis zeylanica</i>	Aadonda, adavinima, adonda, aradonda	Capparaceae	Thioglucosides, glucocapparin, n-tricontane, α - and β - amyrin, an alkaloid, a phytosterol	Sedative, cooling agent, cholagogue, stomachic, used in the treatment of skin eruptions and piles
34	<i>Caryota urens</i>	Zeeluga	Arecaceae	Caryotin	Nutritious, tonic, aphrodisiac and laxative
35	<i>Cascabela thevetia</i>	Ganneru	Apocynaceae	Thevetin A and thevetin B	Anti-bacterial, anti-termite properties
36	<i>Catharanthus roseus</i>	Billa ganneru	Apocynaceae	Vincristine, vinblastine	Used in the treatment of leukemia

37	<i>Cissus quadrangularis</i>	Nallaeru, nalleru, vajra valli, vajravalli	Vitaceae	Oxo-steroid, durabolin, 3-ketosteroid and other steroidal principles and β -sitosterol, carotene, ascorbic acid and calcium oxalate	Laxative, stomachic, tonic and analgesic; used in piles, tumors, loss of appetite, constipation, stems, roots and leaves are used as a plaster over broken limbs
38	<i>Citharexylum serratum</i>	Anatha Padma Lakshmi	Verbenaceae	Serration, hispidulin	Anti-oxidant, Treatment of skin diseases
39	<i>Citrus aurantifolia</i>	Orange	Rutaceae	Ascorbic, citric and malic acids, 6-glucoside of aureusidine, hesperidin, neo-hesperidin, nobiletin	Against skin irritation and nausea; juice is appetizer, stomachic, antiscorbutic, refrigerant, antiseptic and anthelmintic
40	<i>Citrus limetta</i>	Battai chettu	Rutaceae	Ascorbic acid, citric acid, β -limonene (about 90%), α -pinine, linalool	Nutritive, cardi tonic and refrigerant, jaundice, anti-pyretic
41	<i>Citrus maxima</i>	Pampara panasa	Rutaceae	Limonene, ascorbic and citric acids, d-limonene (about 90%), α -pinine, linalool, geraniol, flavonoids, coumarins, triterpenes, carotene, pectin, nobilitin and hesperidin	Nutritive, cardi tonic and refrigerant; useful in influenza, cough and asthma; anti-leprotic, febrifuge

42	<i>Citrus sinensis</i>	Adavi narinja	Rutaceae	Sabinene, myrcene	Antifungal, carminative
43	<i>Clitoria ternatea</i>	Aparajita, dintena, sankhu-pushpamu	Fabaceae	Kaempferol, stigmastone, and β -sitosterols and d-lactone compounds	Used to treat abdominal viscera, weakness of sight, sore-throat, tumors, affections of the skin and dropsy
44	<i>Coleus amboinicus</i>	Vaamaku	Lamiaceae	Coleonol A, B, C, oxaloacetic acid, circimaritin, β -sitosterol glucoside, several triterpenic acids	Cardio stimulant, antispasmodic, antilithic, cathartic, carminative, stimulant and stomachic
45	<i>Commiphora mukul</i>	Gukkula, gukkula chettu	Burseraceae	Guggulsterones E and Z, guggulsterol-I, II, iii, cholesterol, sesamin and camphorene	Laxative, stomachic, aphrodisiac, alterative, tonic, anthelmintic, maturant, expectorant and carminative
46	<i>Crataeva religiosa</i>	Ulimidi, urimidi	Capparaceae	Lupeol, varunaol, Spinasterol acetate, taraxasterol and 3-epilupeol, Epiafzelechin 5-glucoside	Diuretic, laxative, antirheumatic, bitter tonic, rubefacient and counterirritant urinary disorders antiemetic and as an antidote in snakebite

47	<i>Crinum asiaticum</i>	Vishamungali, vishamongali, vishamungali	Amaryllidaceae	Phenanthridone, cycloartenol, cyclolaudenol, 4,5-etheno-8,9-methylenedioxy-6-stigmasterol, norcyclolaudenol and the alkaloids, lycorine; haemanthamine, cridinidine, crinamine	Emetic, diaphoretic and purgative, expectorant
48	<i>Cymbopogon citrullus</i>	Lemon grass	Graminae	Citral, citronellal	Flavouring agent, perfumery
49	<i>Cymbopogon winterianus</i>	Lemon grass	Graminae	Citral, citronellal	Flavouring agent, perfumery
50	<i>Dalbergia sissoo</i>	Simsupa	Fabaceae	Sissotrin, chennine bio	Anti-leprotic, treatment of wounds
51	<i>Datura stramonium</i>	Umetha	Solanaceae	Scopolamine, hyoscyamine	Diarrhoea, skin diseases
52	<i>Epipremnum aureum</i>	Money plant	Araceae	Flavonoids	Rheumatism
53	<i>Equisetum arvense</i>	Bottlebrush, field horsetail	Equisetaceae	Triacontanedioic (equisetolic) and octacosanedioic acids	For the treatment of gonorrhoea
54	<i>Erythrina variegata</i>	Baadischettu, baadisa, baaditha, baaditi	Fabaceae	Erysotrine (major), erysodine, erysovine, erysonine, erysopitine, erysodienone, de-N-methyl oreintaline	Stomachic, anthelmintic, laxative, diuretic, gatactagogue and emmenagogue

55	<i>Euphorbia antiquorum</i>	Bontha jamudu, bhumijemudu, bomma jemudu	Euphorbiaceae	β -amyrin, cycloartenol, euphol, euphadienol and euphorbol	Used in rheumatism, toothache, nervous diseases, dropsy, whitlow, deafness and amaurosis
56	<i>Euphorbia cyathophora</i>	Aaku puvvu aaku	Euphorbiaceae	Tannins and glycosides	Anti-microbial, wound healing activity
57	<i>Euphorbia nerifolia</i>	Aaku jemudu	Euphorbiaceae	Quercetin, taraxerol	Treatment of snake bite, ulcers
58	<i>Ficus amplissima</i>	Juvvi, peddajuvvi, pittajuvvi	Moraceae	Tolbutamide, bengalenoside, methyl ether of leucoanthocyanidin	Aphrodisiac, tonic, vulnerary and maturant; used in the treatment of toothache, dysentery, diarrhoea, piles and diabetes
59	<i>Ficus hispida</i>	Brahma medi	Moraceae	Beragama, psoralen, β -amyrin	Anti-leprotic, treatment of wounds
60	<i>Ficus religiosa</i>	Raavi, kullaravi, ravi	Moraceae	Phytosterol, tannins, proteins and amino acids	Digestive, laxative and aphrodisiac; checks vomiting; treatment of diabetes and ulcers
61	<i>Flueggea microcarpa</i>	Tellapurugudu, sulemunta, tellapuli	Euphorbiaceae	Securinine, viroallosecurinine, norsecurinine, dihydronorsecurinine (viroisine), bergenin	To treat liver, bile, kidney, urinary & venereal diseases, testicular inflammation, frigidity, heavy menstruation, rheumatism and arthritis

62	<i>Flueggea leucopyrus</i>	Tellapulgudu	Euphorbiaceae	Securinine, viroallosecurinine, norsecurinine, dihydro, virosine, bergenin, hordenine and N-methyltetrahydro- β -carboline	To treat liver, bile, kidney, urinary and venereal diseases, and also to treat testicular inflammation
63	<i>Furcraea foetida</i>	Forkoyam	Asparagaceae	Hecogenin, fligogeuin	Blood purifier, analgesic
64	<i>Hemidesmus indicus</i>	Sungandapala, tellsugandhipala, tellsugandhipaalaga, gedasugandhu/nallasugandhipala	Asclepiadaceae	Coumarinolignoids, hemidesmins I & II, sitosterols, hexatriacontane, lupeol, hydroxymethoxy benzaldehydes, oumarino-lignoids	Tonic, purgative, demulcent, diaphoretic, diuretic, antipyretic, aphrodisiac, anti-diarrhoeal and blood purifier
65	<i>Hibiscus rosa sinensis</i>	Muddamandaram	Malvaceae	Anthocyanin	Demulcent, aphrodisiac
66	<i>Hibiscus sabdariffa</i>	Mandaram	Malvaceae	Anthraquinones	Diuretic, antipyretic
67	<i>Indigofera arrecta</i>	Neelichettu, neelimanadu	Fabaceae	Indica indirubin, indigo, indican	Antiulcer, antiepileptic, chronic bronchitis and asthma, expectorant, alexipharmic and anthelmintic
68	<i>Ixora coccinia</i>	Ramabanam	Rubiaceae	Hastoquinones A, B and C and tocopherylquinone, lupeol	Anti-inflammatory, sedative and stomachic; used in hiccup, fever, gonorrhoea, diarrhoea and dysentery

69	<i>Jasminum sambac</i>	Gundumalli	Oleaceae	Dotriacantanol, oleanolic acid, linalool, benzyl acetate, <i>cis</i> -jasmone and sesquiterpene, sambacosides A, E and F, β -primeveroside and β -rutinoside	Anti-ulcer, insanity, weakness of sight and affections of the mouth, emmenagogue
70	<i>Jatropha curcas</i>	Seemanepallamu	Euphorbiaceae	Apigenin, vitexin, iso-vitexin, jatropholone A and B	Gumboils and strengthen the gums; anti-leprotic; purgative
71	<i>Jatropha glandulifera</i>	Dundagaaku, dundiga, dundigamu	Euphorbiaceae	Alkannins and shikonins (A/S), coumarino-lignan, along with jatropholone-A and fraxetin	Emmenagogue, as analgesic; anti-inflammatory, asthma, bronchitis and used as antidote to scorpion sting, effective against Ranikhet disease
72	<i>Jatropha gossypifolia</i>	Seemanepalamu, seemana epaalemu, nalamudamu	Euphorbiaceae	Flavonoids, vitexin, Isovitexin and apigenin, atrophone and jatropholones A and B. Bark contains β -sitosterol	Used as an emmenagogue, purgative; applied to boils, carbuncles, eczema and itches.
73	<i>Lawsonia inermis</i>	Gorintaku	Lythraceae	Hennotannic acid, lawsone, esculetin	Astringent, antibacterial and antifungal
74	<i>Leucaena leucocephala</i>	Subabul	Fabaceae	Tannin and oxalic acid	<u>Firewood</u> , <u>fiber</u> and <u>livestock fodder</u>

75	<i>Limonia acidissima</i>	Velagachettu	Rutaceae	Psoralen, stigmasterol, bergapten, orientin, vitedin, saponarin, tannins and an essential oil	Anti-dysentric, refrigerant, stomachic, stimulant, astringent, aphrodisiac, diuretic, cardiogenic, tonic to the liver and lungs
76	<i>Mangifera indica</i>	Mamidi	Anacardiaceae	Protocatechic acid, catechin, mangiferin	Diphtheria, anti-diabetic, anti-ulcer
77	<i>Manihot utilissima</i>	Karrapen dalam, karrapen dalam, manupen dalam, manupen dalam	Euphorbiaceae	Linamarine (I), lotaustralin (II), vline, vitamin C, vitamin E, carotenoids, lycopenes, polyphenols and other phytochemicals.	A nutritious diet, laxatives, used in the treatment of cancer, small-pox, chicken-pox, measles, etc.
78	<i>Maranta arundinacea</i>	Arrow root	Marantaceae	Strach, alkaloids	Anti-diarrheal
79		Palachettu	Sapotaceae	Lupeol, oleanolic acid	Wounds, spermatorrhoea
80	<i>Melia azadirachta</i>	Turakavepa	Meliaceae	Manilkara hexandra	Carminative, stimulant, antiseptic, perfumes
81	<i>Morinda pubescens</i>	Maddichettu, maddicettu, mogali, moluga, tagaree	Rubiaceae	Ascorbic acid and niacin, riboflavin and thiamine high concentration	To treat eye problems, skin wounds and abscesses, gum and throat problems, respiratory ailments, constipation, fever

82	<i>Moringa oleifera</i>	Munaga chettu	Moringaceae	Nizimicin, niaminin, protein, vitamins, beta-carotene, amino acids and zeatin, quercetin, beta-sitosterol, caffeoylquinic acid and kaempferol	Diuretic, antispasmodic, act as cardiac and circulatory stimulants, possess antitumor, anti-inflammatory, antispasmodic, diuretic, antihypertensive activities
83	<i>Moringa concanensis</i>	Adavi munaga	Moringaceae	Ascorbic acid, myristic acid, palmitic acid, oleic acid, stearic acid, arachidic acid and linoleic acid	Paralysis, abscess, epilepsy, rheumatism, fainting and giddiness
84	<i>Murraya koenigii</i>	Karepak u, karuvepaku	Rutaceae	α -Pinene, β -phellandrene, β -caryophyllene, β -gurjunene, β -elemen, terpinen-4-01 and thujene	Hepatoprotective, used in treatment of diabetes, obesity, vomiting, constipation, indigestion, diarrhoea, dysentery, piles and nausea
86	<i>Musa sapientum</i>	Amritapani, amrytapani, ananti	Musaceae	Phytate, saponins, minerals, nutritional and anti – nutritional contents	Banana can cure heart burns stress, strokes, ulcers and many other ailments
87	<i>Neolamarckia cadambo</i>	Raju kadambam	Rubiaceae	Cadambagenic acid & β - Sitosterol	Anti-diarrheal
88	<i>Ocimum canum</i>	kukka tulasi	Lamiaceae	Eugenol, methyleugenol	Anti-inflammatory, carminative, diaphoretic and stimulant

89	<i>Ocimum gratissimum</i>	Nimma tulasi	Lamiaceae	Eugenol, methyleugenol, vitamin C	Anti-bacterial, insecticidal, aromatic, stimulant
90	<i>Ocimum kilmandscharicum</i>	Karpura tulasi	Lamiaceae	Eugenol, methyl eugenol	Anti-diarrheal, anti-malarial
91	<i>Ocimum sanctum</i>	Tulasi	Lamiaceae	Volatile oil, 1,8-cineol, eugenol, carvacrol	Expectorant, analgesic, control skin & respiratory diseases
92	<i>Pambunus missiouis</i>	Adavi narinja	Rutaceae	Myrcene	Treatment of fractures, piles
93	<i>Pavetta indica</i>	Papataku	Apocyanaceae	Rescinnaine, reserpine	Anti-epileptic, to treat insomnia
94	<i>Phoenix dactylifera</i>	Karjurakaya	Arecaceae	Palmitic, oleic and linoleic acids, aspartic acid, nicotinamide, nicotinic acid, isoniazide	Nutrient, cooling agent and laxative
95	<i>Phyllanthus acidus</i>	Pedda usiri	Euphorbiaceae	Quercetin, iso-quercetin, phyllanthin	Diuretic, hepatoprotective
96	<i>Phyllanthus amarus</i>	Nela usirika, nelausirika, nelavusari	Euphorbiaceae	Lignans niranthin, nirtetralin and phyltetralin; phyllanthin and hypophyllanthin	Astringent, stomachic, diuretic, febrifuge and antiseptic
97	<i>Phyllanthus emblica</i>	Usirikaya	Euphorbiaceae	Vitamin C, pectin	Diuretic, laxative

98	<i>Phyllanthus reticulatus</i>	Nalla-purugudu nallapuli nallapulu gudu	Euphorbiaceae	Octacosanol, taraxeryl acetate, friedelin, epifriedelinol, betulin, taraxerone, β -sitosterol, glochidonol and 21-hydroxyfriedelan-3-one	Diuretic and cooling medicine; used in the treatment of rheumatism
99	<i>Plectranthus ambonicus</i>	Vamu aaku, karpoora valli, sugandha valkam	Lamiaceae	Thymoquinone, butylaniside, caryophyllene, carvacrol, 1-8-cineole, p-cymene, ethylsalicylate, eugenol	Urolithiasis, antiepileptic, antitumorogenic, antimutagenic, radioprotective, neuro-pharmacological agent
100	<i>Plumbago auriculata</i>	Nalla chithra moolamu , nalla chitrmula mu	Plumbaginaceae	Sitosterol and 3-O-glucosylsitosterol, plumbagic and palmitic acids	Used for warts, broken bones, headaches, for lead poisoning, preventing nightmares and warding off lightning
101	<i>Plumbago zeylanica</i>	Chitramo olam, chitramul am, chitramul amu	Plumbaginaceae	Plumbagin, naphthaquinones, chitanone, zeylanone, glucose, glucopyranoside and sitosterol	Skin diseases, infections and intestinal worms, to treat gonorrhoea, syphilis, tuberculosis, rheumatic pain, swellings and wounds treatment, anti-haemorrhoidal and pain-reliever

102	<i>Pongamia pinnata</i>	Ganuga, kanuga chettu	(Papilionaceae) Fabaceae	Sitosterol, fatty acids, alkaloids	Cosmetics, antiseptic, abdominal tumors, anti-rheumatic
103	<i>Prunus avium</i>	Charry	Rosaceae	Amygdalin, hydroxycinnamic acids	Demulcent, sedative, astringent, diuretic
104	<i>Psidium guajava</i>	Jama chettu	Myrtaceae	Tannins, resins, fats, β -sitosterol, maslinic (cratagolic) and gujavalic acids and essential oil containing eugenol	Diarrhoea and dysentery
105	<i>Punica granatum</i>	Danimma chettu	Punicaceae/ Lythraceae	Ellagic acid, ellagitannins, punic acid, flavonoids	Anti-inflammatory, anti-oxidant, used in the treatment of skin infections
106	<i>Rauvolfia tetraphylla</i>	Sarpagan dha	Apocynaceae	Reserpine, rescinnamine	Antiepileptic, hypotensive, tranquillizer, antihypertensive
107	<i>Ravenala madagascarensis</i>	Traveler's tree	Musaceae/ Strelitziaceae	Cycloartanol, β -sitosteryl-D-glucoside	Diabetes, antiseptic, anti-inflammatory, used in the treatment of diarrhea, hypertension, edema and kidney stone problems
108	<i>Ricinus communis</i>	Amudham chettu	Euphorbiaceae	Ricinine, gallic acid, quercetin	Antioxidant, anti-fertility activity, laxative, lubricant, used in cosmetics
109	<i>Rosa bonica</i>	Roja chettu	Rosaceae	Geraniol and α -citronellol	Stomachic and anticancer

110	<i>Sansevieria roxburghiana</i>	Chaga, saga, saganara	Agavaceae	Saponins, flavonoids	Abdominal pains, ear ache, diarrhea and hemorrhoids cardiotonic, expectorant, febrifuge, purgative, rheumatism
111	<i>Saraca asoca</i>	Ashoka, ashokapatta	Caesalpiniaeae/ Fabaceae	Epicatechin, procyanidin, oleic, linoleic, palmitic and stearic acids, p-sitosterol, quercetin, kaempferol	Antibacterial, anti-menorrhagic activity, anticancer activity, antimicrobial activity, anti-oxytocic activity
112	<i>Sarcostemma acidum</i>	Aaku jemudu, aku jemudu, dustappatiga	Asclepiadaceae	Alpha-amyrin acetate, lupeol, sarcobiose, sarcogenin	Bronchodilator, vasodilator, anti-asthmatic, diaphoretic
113	<i>Sauropus androgynous</i>	Vitamin plant, chakramani	Phyllanthaceae/ Euphorbiaceae	Provitamin A carotenoids, vitamins B and C, protein, multivitamins	Antimicrobial, anticancer, antioxidant, use to relieve fever and urinary problems
114	<i>Securinega leucopyrus</i>	Tella pulugudu	Phyllanthaceae	Alkaloids, flavonoids	Treatment of dysentery and digestive disorders
115	<i>Senna auriculata</i>	Aadavi tangedu	Fabaceae	α - Tocopherol, domoic acid	Antipyretic, anti-diabetic
116	<i>Shorea robusta</i>	Gugullu	Dipterocarpaceae	Nor-triterpene, dammarenolic acid	Stimulant, analgesic

117	<i>Solanum trilobatum</i>	Uchchinta, teega uchinta	Solanaceae	Sterolin (sitosterol-d-glucoside) and solasonine, steriodal sapogenins - sisalagenone and torvogenin	Sedative, diuretic and digestive; used in the treatment of cough, leaves are used as haemostatic, treatment of asthma
118	<i>Sterculia foetida</i>	Simabadam	Malvaceae	Flavonoids, chrysoeriol	Diuretic, diaphoretic
119	<i>Syzygium cuminii</i>	Nereduchettu	Myrtaceae	Gallic acid, α -terpinene, β -pinene, β -phellandrene, terpinolene, myrcene, limonene, cadinene and methyl salicylate	Carminative, astringent, sore throat, bronchitis, asthma and dysentery
120	<i>Tamarindus indica</i>	Chintachettu	Caesalpiniaee/ Fabaceae	Phlobatannins, tartaric, citric acid, malic and acetic acids	Carminative, digestive, astringent, laxative and used as tonic to the heart
121	<i>Terminalia bellerica</i>	Thanchettu	Combretacea	Gallotannic and ellagitannic acids, phyllembin, β -sitosterol, mannitol, sugars, hydrocarbons, tirtriacontanone, tetratriacontane	Laxative, astringent, anthelmintic and antipyretic, used in the treatment of bronchitis, asthma, dyspepsia, piles, diarrhea, used as cardi tonic
122	<i>Thevetia peruviana</i>	Ganneru	Apocyanaceae	Theventin, A and B, cerberin	Heart stimulant, purgative
123	<i>Tinospora cordifolia</i>	Thippatheega	Menispermaceae	Polyphenols, diterpene compounds, tinosporone, tinosporic acid	Antifungal, anti-inflammatory, immune booster, anti-pyretic, aphrodisiac

124	<i>Tylophora Indica</i>	Mekameyani aaku, verripala	Asclepiadaceae	Tylophorine, tylophorinine, tylophorinidine and septicine, α -amyrin, β -amyrin, quercetin, kaempferol; β -sitosterol and stigmasterol	Stimulant, cathartic, emetic, stomachic and diaphoretic properties; used in diarrhoea, rheumatism and gouty pains
125	<i>Vitex leucoxylo</i>	Tellavavili	Verbenaceae	Casticin, isoorientin	Astringent, cancer
126	<i>Vitex negundo</i>	Thellavavili	Verbinaceae	Casticin, iso-orientin, chrysophenol D	Vermifuge, hair tonic, used to treat muscle and joint pains
127	<i>Vitis vinifera</i>	Drakshapandu	Vitaceae	Anthocynnins, hydroxy cinnamic acids, 1,8-cineole, terpinylacetate	Anthelmintic and possesses insecticidal properties
128	<i>Withania somnifera</i>	Ashwagandha	Solanaceae	Whithaniol	Aphrodisiac